



VIRTUAL INTERVIEW TIPS



MINDSET

Are you feeling confident, empowered and excited for the opportunity to interview? If yes fantastic! If no, reflect on your strengths, accomplishments and the challenges you have overcome. You were selected for interview for a reason and have plenty to offer a new employer.



PREPARATION

Use the job description as your guide and write out your examples in these areas using the STAR interview format. Research the company and how it aligns with what you want in your career. Glassdoor is a great resource for interview questions. Ask people you know in the company for any tips.



ENVIRONMENT

Ensure you have tested technology for the interview, wifi and sound. Think about how you will present online. Raise your laptop to eyelevel with a box or some books. Make sure your background is clear and tidy with no distractions. Secure a quiet bright area for the interview where you will not be disturbed. Dress for the part. .